

A death certificate shows that we died.

Pictures show that we lived!

Have a seat. Relax . . .

And read this slowly.



I believe...

That just because two people  
argue,  
It doesn't mean they don't love  
each other.

And just because they don't argue,  
It doesn't mean they do love each  
other.



I believe...

That we don't have to change  
friends if  
we understand that friends change.



I believe...  
That no matter how good a friend  
is,  
they're going to hurt you  
every once in a while  
and you must forgive them for that.



I believe...  
that true friendship continues to  
grow,  
even over the longest distance.  
Same goes for true love.



I believe...  
that you can do something in an  
instant  
that will give you heartache for life.



I believe...  
that it's taking me a long time  
to become the person I want to be.





I believe...  
that you should always leave loved  
ones with loving words.  
It may be the last time you see  
them.



I believe...  
that you can keep going  
long after you think you can't.



I believe...  
That we are responsible for what  
We do, no matter how we feel.



I believe...  
that either you control your  
attitude  
or it controls you.



I believe...  
that heroes are the people  
who do what has to be done  
when it needs to be done,  
regardless of the consequences.



I believe...  
that my best friend and I  
can do anything or nothing  
and have the best time.



I believe...  
that sometimes the people  
you expect to kick you  
when you're down will be  
the ones to help you get back up.



I believe...  
that sometimes when I'm angry  
I have the right to be angry, but  
that  
doesn't give me the right to be  
cruel.





I believe...  
that maturity has more to do  
with what types of experiences  
you've had  
and what you've learned from them  
and less to do with how many  
birthdays  
you've celebrated.



I believe...  
that it isn't always enough  
to be forgiven by others.  
Sometimes, you have to learn  
to forgive yourself.



I believe...  
that no matter how badly  
your heart is broken,  
the world doesn't stop for your  
grief.





I believe....  
that our background and  
circumstances  
may have influenced who we are,  
but  
we are responsible for who we  
become.



I believe...  
that you shouldn't be so eager  
to find out a secret.  
It could change your life forever.



I believe...  
two people can look at the exact  
same  
thing and see something totally  
different.



I believe...  
that your life can be changed  
in a matter of hours  
by people who don't even know  
you.



I believe...  
that even when you think  
you have no more to give,  
when a friend cries out to you,  
you will find the strength to help.



I believe...  
that credentials on the wall  
do not make you a decent human  
being.



I believe...  
that the people you care about  
most in life are taken from you too  
soon.





I believe...  
that you should send this to  
all of the people that you believe in.  
I just did.